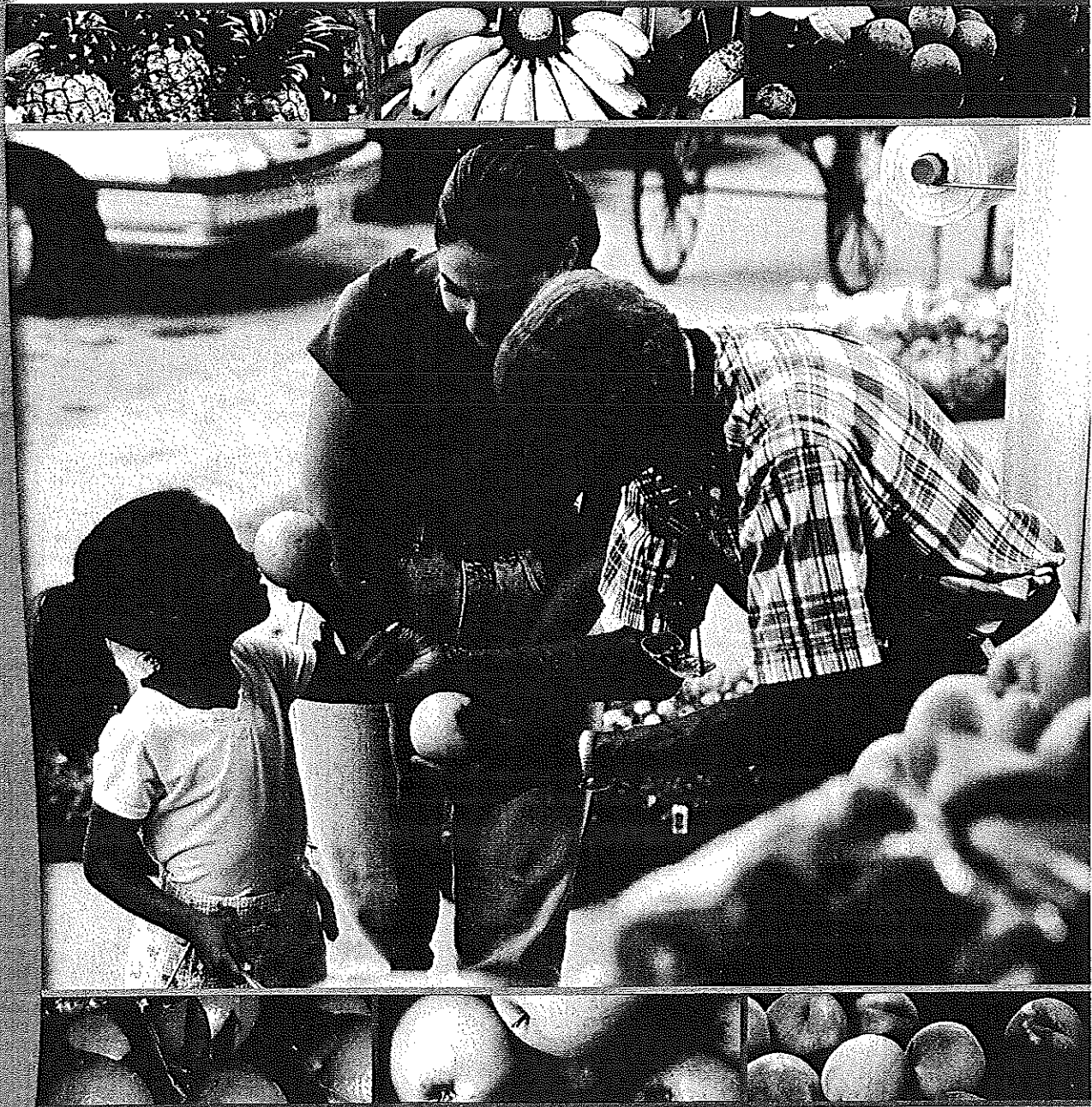


How Sweet It Is!

by Kameko Kobayashi

Olive 1b
Power Builder

4



- 1 Most people like fruit. It tastes good. It is healthful. You should eat fruit every day.
- 2 People have been eating apples for a long time. There are many kinds of apples. Most are red. Some are yellow. Some are green.
- 3 The pear was once a medicine. Pears first grew in China. Then they spread to other parts of the world.
- 4 Oranges first grew in China too. Later, people brought them to Europe. Columbus took them to the New World.
- 5 The banana is a fruit. It is also an herb. It first grew in India. Greek soldiers took the plant back home. It later spread to the New World.
- 6 The first strawberries did not taste good. They were not sweet. They spoiled fast. Later, sweeter types were grown. People liked them better.
- 7 The pineapple came from the New World. It looks like a big pinecone. That's how it got its name.
- 8 The lime is a fruit of the New World. People took it back to Europe. Limes have a lot of vitamin C.
- 9 The peach grew first in China. People ate peaches to live longer. Later they spread to Europe. From there they spread to the New World.
- 10 The first plums were hard and sour. No one grew them. They grew wild. They were used in medicines. Sweet plums came later from Europe.
- 11 Now we can eat fruits from all over the world. Some fruits grow all over. Other fruits need a warm place to grow.
- 12 Most fruits are picked before they are ripe. They are kept in a cool place. Trucks take them to stores. They get ripe there.
- 13 Eat as much fruit as you can. It's good for you. It tastes good. Give it a try. You will be glad you did.

COMPREHENSION

A Choose the best ending for each sentence. Write *a* or *b*.

- 1 Another good name for this article is
 - a My Favorite Fruit.
 - b Fruits of the World.
- 2 In ancient times, some fruits were used to make
 - a medicines.
 - b buildings.
- 3 You should eat fruit because
 - a it is very colorful.
 - b it is good for you.

4 After it is picked, fruit that is being shipped is stored in a cool place so it will

- a not get ripe too soon.
- b ripen quickly.

5 From this article you can tell that

- a all fruits were first grown in the same part of the world.
- b fruits were first grown in many different parts of the world.

LEARN ABOUT WORDS

B Often you can find out the meaning of a word by seeing how it is used in an article or story. The other words give you clues.

Find the word in the story that best fits each meaning below. (A paragraph number tells you where to look.) Write the word.

- 1 good for the body (1)
- 2 something used to treat disease (3)
- 3 a plant used for making medicines and seasonings (5)
- 4 lost its freshness; decayed (6)
- 5 fully grown and developed (12)

C Read each sentence. Choose the word from Part B that best completes each sentence. Write the word.

- 6 The strawberries are not _____ because they are still green.
- 7 Try to make _____ choices when you eat.
- 8 I took some _____ for my cold.
- 9 The _____ bananas smelled bad.
- 10 Mint is an _____ that tastes good in iced tea.

THINK ABOUT IT

D Katrina is going to write about where fruit is used today. Read each item. If it fits her main topic, write *Yes*. If it doesn't, write *No*.

- 1 In salads
- 2 In pies
- 3 In bicycles
- 4 In drinks
- 5 In clothing

E Most verbs add *-ed* to show that something happened in the past.

This week I **like** her blue hat.

Last week I **liked** her red hat best.

Read each sentence. If it could be happening now, write *now*. If it happened in the past, write *past*.

- 6 Greek soldiers traveled to India.
- 7 Almost everyone eats fruit.
- 8 The first strawberries tasted rather bitter.
- 9 Trucks deliver fresh fruit to stores every day.
- 10 Doctors mixed pears with other things for people who were sick.

Spelling Words

1st Grade

*Spelling Test is on Tuesday, Nov. 8th, 2011

1. calendar

2. ceiling

3. circle

4. computer

5. chapter

6. country

7. choose

8. Christmas

9. clean

10. cloudy

- Write the definition of each word.
- Write the sentence bringing out the meaning of each word.
- Please practice the spelling by writing the words everyday.